March On Soul in Strength

A 31-day SOAP journey through The Psalms

ENTOURAGE MINISTRIES



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About Entourage:

Located in southern Oklahoma (not far from Dallas) our mission is to strengthen the entourage of women whose lives proclaim the gospel of Jesus Christ. We are a fellowship of women who love Jesus. our heart is to serve women from many congregations, denominations, generations and cultures. we serve through hosting worship gatherings, podcasts, retreats, anxiety ministry, and mentorship.

(see Psalm 68:11 AMP for our inspiration).

Our heart is to encourage the entourage of women in God's body to proclaim the good news of Jesus through the way they live.

We believe this is accomplished through creating holy moments for women to engage in communion, worship and the Word.

We pray every woman in Entourage be found:

- Hearing the word of God and through that experiencing an increase in faith which then overflows into the rest of their lives.
- Healing from past experiences, trauma, and heartache to live in the peace afforded to us through the death and resurrection of Jesus Christ and comfort and power of the Holy Spirit.
- Hoping confidently with an anchored vision for their future that is life-giving and in alignment with the Word and Promise of God.

We are a 501c3 governed by a diverse eight member board made up of women from different denominations and generations.



Welcome Sisters

After the resurrection, before Jesus' ascent, He makes a few remarks to His followers that we should consider before we step into this sacred space that is the Psalms:

⁴⁴ He said to them, "This is what I told you while I was still with you: Everything must be fulfilled that is written about me in the Law of Moses, the Prophets and the PSALMS (emphasis mine)."

⁴⁵ Then he opened their minds so they could understand the Scriptures.

Luke 24:44-45, NIV

In your physical Bible you'll note that Psalms is smackdab in the middle of everything else. While it was written over the course of many years and by many authors, that picture of it being "in the middle" is a good way to look at a purpose Psalms serves for us today.

In this life, aren't we ourselves "in the middle," of sorts? One day we are walking in revelation of victory and hope, and the next commanding our souls to LIVE and line up with the Word, as adversity and attack rear their heads and accuse what was such confidence the day before?

Such is the Psalms in sentiment. It's a battle cry that doesn't miss a scene, but that has a chorus of victory and hope.

It is a collection of words, songs, and prophecies that was penned by its authors amidst every human experience imaginable. Among others, its authors include a murderer, adulterer, priests and kings. And now, on these same pages, the heart of Jesus still ministers as we open The Word and HE opens our eyes (see Luke 24:45). We are met "in the middle." That's where faith exists.

We aren't just met, we are kept, held, hidden, strengthened, healed, and comforted with the whispers of heaven—giving light to our dark and life to our bones.

And somewhere in that middle—if we will hold on firmly and believe—when we breathe our last in this life, it will be as the final verse of this book—with declaration and exclamation (Psalm 150:6)! It will be an exhortation to those who still breathe this side of heaven, to render what we would then see as the most worthy thing in all eternity: Jesus...beholding the whisper of heaven that loved us so much He put His words on our hearts, that in reading things like the Psalms it reflects back something inside of us (if we are in Christ). That reflection a living testament that we were made to praise.

And the praise "in the middle" is something the angels wish they could offer, as they watch from the throne room those the Lord is ushering through this life into the fullness of His Presence.

May Psalms usher us all into this revelation.

In Jesus' Name, may our lives say:

"Let everything that has breath, Praise the Lord!" Psalm 150:6

March on in strength (Judges 5). May these pages carry you. Welcome to this journey.

Paige Scott & the Entourage Ministries Team



SOAP stands for:

S = Scripture

In this portion, you select any verse or verses from within the daily reading and take time to reflect on them more in depth than just a cursory reading.

O = Observation

In this portion, you articulate what you observed in this passage, i.e., "what stood out to you?"

A = Application

In this portion, you take truth of the Word from the observation above and apply it to your life.

P = Prayer

In this portion, take all of the above and let the Word of God form your prayer.

TIPS:

Your SOAP is between you and the Lord—let Him speak to you.

What He shows you is not to be compared with how He speaks to someone else. We are all uniquely created, and He speaks to us all uniquely. Do not hold back your thoughts in insecurity or fear; He made YOU to KNOW HIM.

His Word is for you—receive it in grace and confidence.

He will teach you all you need to know, one page at a time.

Wanting to learn more about a certain verse? Try visiting biblehub. com and reading it in multiple translations. The commentaries at the bottom of the verse pages are also fun to explore.

For an overview of the book of Psalms, visit this site: www.bibleproject.com/explore/video/psalms.

Example of a SOAP study*

- S: Psalm 1:1-6
- O: This passage compares two men: the blessed man and the wicked man (also the sinner/scoffer). To glance at both men, their position would seem similar; they both appear physically "upright" in their posture. There's a place where the "wicked" appears to "stand" (vs I and vs 5), but the "blessed man" does not simply stand He is "planted." From the distance, a standing man and a planted man may look similar, but only what is planted produces roots and fruits, which last in adversity and the changing of seasons. The man who stands in wickedness will eventually stand no more but the man planted will prosper in all things.
- A: Appearances can deceive. How often have I assumed that what I can see the "standing" thing is the "surest" thing. Yet this isn't so. Planting requires an investment and level of existence beyond what is seen and in the space of roots comes the fruitful life. The decision to "stand" or to be "planted" in this life has eternal impact. Jesus made a way for me to be planted in and through Him, while the standing appearance of the wicked is a counterfeit that produces nothing.
- P: "Lord, plant me like the "blessed man." Let me bring forth fruit in all seasons. Teach my heart that it is sometimes what is unseen, like roots, that have the most life-giving impact. Help me be rooted in You Righteousness! so that in adversity I am not blown away. Amen."



Reading Plan

Day 1: Psalm 1 - 6

Day 2: Psalm 7 - 12

Day 3: Psalm 13 - 20

Day 4: Psalm 21 - 28

Day 5: Psalm 29 - 35

Day 6: Psalm 36 - 41



Blessed be the Lord, the God of Israel, from everlasting to everlasting!
Amen and Amen.

Psalm 41:13



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Thank God Today for Three Things:
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Ask the Lord if there is someone you could encourage with your SOAP from today and still yourself to listen:
What other verses stuck out to you from today that you didn't SOAP on?
Is there anyone in your life that you could be praying those verses for? If yes, write their names below with the verse address:

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Day 8: Psalm 42 - 45

Day 9: Psalm 46 - 50

Day 10: Psalm 51 - 57

Day 11: Psalm 58 - 63

Day 12: Psalm 64 - 68

Day 13: Psalm 69 - 72

Blessed be the Lord, the God of Israel, who alone does wondrous things. Blessed be his glorious name forever; may the whole earth be filled with his glory! Amen and Amen!

Psalm 72:18-19

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Part 3

Reading Plan

Day 14: Psalm 73 - 75

Day 15: Psalm 76 - 78

Day 16: Psalm 79 - 81

Day 17: Psalm 82 - 84

Day 18: Psalm 85 - 87

Day 19: Psalm 88 - 89



Blessed be the Lord forever! Amen and Amen.

Psalm 89:52



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Part 4



Reading Plan

Day 20: Psalm 90 -93

Day 21: Psalm 94 -97

Day 22: Psalm 98 - 99

Day 23: Psalm 100 - 102

Day 24: Psalm 103 - 104

Day 25: Psalm 105 - 106

Blessed be the Lord, the God of Israel, from everlasting to everlasting!
And let all the people say, "Amen!"
Praise the Lord!

Psalm 106:48



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Part 5



Reading Plan

Day 26: Psalm 107-112

Day 27: Psalm 113-118

Day 28: Psalm 119

Day 29: Psalm 120 - 129

Day 30: Psalm 130 - 139

Day 31: Psalm 140 - 150

Let everything that has breath praise the Lord!

Praise the Lord!

Psalm 150:6

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